

## What is CMV?

Cytomegalovirus is a common virus that infects people of all ages and in all parts of the world. In the United States, between 50 percent and 85 percent of adults will be infected with CMV by the age of 40. However, in many other countries most people acquire CMV as children or adolescents. Most infections with CMV are "silent," meaning the person infected has no signs or symptoms. However, CMV infection is considered a significant public health problem because it can cause disease in unborn babies and in people with a weakened immune system.